



May 2021

Breakfast & Lunch High School Menu

Food & Nutrition
JO COMBS

Daily Options

Cereal w/String Cheese
or BeneFIT Bar
.....
Chef Salad w/Roll
Chicken Caesar Wrap

Cereal w/Nutri Grain Bar
or BeneFIT Bar
.....
Crispy Chicken Salad
Fruit & Yogurt Parfait

Cereal w/Muffin
or BeneFIT Bar
.....
Chicken Caesar Salad
Deli Sandwich

Cereal w/String Cheese
or BeneFIT Bar
.....
PBJ Protein Pack

Monday

Coffee Cinnamon ³
Crumble Cake
.....
Cheese /Pepperoni Pizza
or
Chicken Tenders w/Roll

Pancake ¹⁰
on a Stick
.....
Cheese/Buffalo Chicken
Pizza or Popcorn Chicken
& Potato Bowl

Bagel with ¹⁷
Cream Cheese
.....
Pepperoni / Cheese Pizza
or
Breakfast for Lunch

Manager's Choice ²⁴
.....
Manager's Choice

Tuesday

Mini Pancakes ⁴
.....
Chicken Nuggets w/Roll
or
Hamburger/Cheeseburger

French Toast ¹¹
.....
Orange Chicken Bowl
or
Hamburger/Cheeseburger

Mini Maple ¹⁸
Waffles
.....
Hamburger/Cheeseburger
or
Chicken Tenders w/Roll

Manager's Choice ²⁵
.....
Manager's Choice

Wednesday

Fruit & Yogurt ⁵
Parfait w/Granola
.....
PB&J Sandwich
Protein Pack

Scrambled Eggs ¹²
& Muffin
.....
PB&J Sandwich
Protein Pack

Sausage, Egg & Cheese ¹⁹
Breakfast Sandwich
.....
PB&J Sandwich
Protein Pack

Manager's Choice ²⁶
.....
Manager's Choice

Thursday

Egg, Bacon & Cheese ⁶
Breakfast Burrito
.....
Cheese Filled Bread Sticks
w/Marinara Sauce or
Korean BBQ Chicken Bowl

Fruit Smoothie ¹³
& Crackers
.....
Cheese Filled Bread Sticks
w/Marinara Sauce
or Taco in a Bag

²⁰
.....
Yogurt & Muffin
.....
Cheese Filled Bread Sticks
w/Marinara Sauce or
Bean & Cheese Burrito

Friday

Cinnamon Roll ⁷
.....
Pepperoni & Cheese Calzone
or Spicy/Regular
Chicken Sandwich

Mini Donuts ¹⁴
.....
Mac & Cheese w/Roll
or Spicy/Regular
Chicken Sandwich

Whole Wheat ²¹
Honey Bun
.....
Chicken Taquitos
or Spicy/Regular
Chicken Sandwich



Breakfast Daily
Seasonal Whole Fresh Fruit
or 100% Fruit Juice
1% White Milk

**Meals are FREE to all Pk-12 grade students
until the end of the school year.**
**For virtual students, a 5 day meal package is
distributed curbside every Monday from
6:30-8:00am at JO Combs Middle School**

Lunch Daily
Seasonal Whole Fresh Fruit
Seasonal Vegetables
1% White Milk or Fat Free
Chocolate Milk

Questions? Please contact Yezica Hostetler, Food & Nutrition Supervisor at (480)987-5311 or yhostetler@jocombs.org
Menu Items may change due to availability. This is an equal opportunity provider