



JANUARY 2021

Super Snack Menu

Monday

5

Tuesday

Yogurt Parfait
Cheese Stick
Baby Carrots
Milk

Wednesday

Chef Salad with
Dinner Roll
Fruit Juice
Milk

Thursday

Pretzel & Cheese Sauce
Apple Slices & PB cup
Baby Carrots
Milk

Friday

Turkey & Cheese Sandwich
Cucumber Slices
Raisins
Milk

11
Yogurt Protein Pack
Baby Carrots
Sliced Peaches
Milk

12
Ham & Cheese Sandwich
Cucumbers
Raisins
Milk

13
PBJ Protein Pack
Celery Sticks
Fresh Pear
Milk

14
Chicken Caesar Salad
Juice
Milk

15
Cheese Nachos
Baby Carrots
Apple Slices & PB Cup
Milk



18

19
PBJ Protein Pack
Celery Sticks
Fresh Pear
Milk

20
Pizza Protein Kit
Applesauce
Milk

21
Crispy Chicken Salad
with Dinner Roll
Fruit Juice
Milk

22
Turkey Roll Up
Cucumber Slices
Fresh Apple
Milk

25
PBJ Protein Pack
Celery Sticks
Fresh Pear
Milk

26
Yogurt Parfait
Cheese Stick
Baby Carrots
Milk

27
Chef Salad with
Dinner Roll
Fruit Juice
Milk

28
Pretzel & Cheese Sauce
Apple Slices & PB cup
Baby Carrots
Milk

29
Turkey & Cheese Sandwich
Cucumber Slices
Raisins
Milk

Questions? Please contact Yezica Hostetler, Food & Nutrition Supervisor at
(480)987-5311 or yhostetler@jocombs.org

Menu Items may change due to availability. This is an equal opportunity provider

