



CMS Lunch

January 2018

InSeason! Oranges

Oranges are an excellent source of Vitamin C and Dietary Fiber.



In addition, oranges are a good source of B Vitamins including Vitamin B1, Pantothenic Acid, and Folate as well as Vitamin A, Calcium, Copper and Potassium.

Announcements

All menus are subject to change due to availability of product

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To get started call
480-987-5312

USDA is an equal opportunity provider and employer

Meal Prices

\$0.40 Reduced
\$2.90 Paid
\$3.15 Adult

Milk: \$0.50
Water: \$0.75
A la carte: \$0.50-1.00

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| 01 | 02 | 03 | 04 3 Bean Chili Buffalo Chicken Pizza | 05 Chicken Fettucine Chicken Patty Sandwich |
| 08 Bean Burrito Ham & Cheese Pretzel Roll | 09 Hot Dog Shrimp Poppers | 10 Nacho Bites Chicken Patty Sandwich | 11 Cheeseburger Nuggets w/ grahams | 12 Mesquite BBQ Drumstick w/ rice Mac & Cheese |
| 15 MLK Day | 16 Pork Rib Sandwich Corn Dog | 17 Sweet Thai Chicken w/ rice Mac & Cheese | 18 Taco Salad Bean Burrito | 19 Buffalo Chicken Pizza Cheese stuffed Breadsticks |
| 22 Nuggets w/ bug bites Lasagna Roll up w/ breadstick | 23 Spicy Chicken Sandwich Cheese Pizza | 24 Hot Wings w/ roll Ham & Cheese Pretzel Roll | 25 Shrimp Poppers Sloppy Joe | 26 Pancakes for Lunch Mac & Cheese |
| 29 Corn Dog Pork Taco | 30 Nacho Bites Chicken Potato Bowl | 31 Spicy Chicken Sandwich Shrimp Poppers | | |