



CMS Breakfast

# January 2018

## InSeason! Oranges

Oranges are an excellent source of Vitamin C and Dietary Fiber.



In addition, oranges are a good source of B Vitamins including Vitamin B1, Pantothenic Acid, and Folate as well as Vitamin A, Calcium, Copper and Potassium.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01	02	03	04 Breakfast Pizza Cereal w/ granola bar	05 Muffin w/ scrambled egg Pancake Sausage Wrap
08 Breakfast Sliders Cereal w/ yogurt	09 Chorizo Burrito Cinnamon Coffee Cake	10 Mini Chocolate Donuts Garden Egg Muffin	11 Poptart w/ yogurt Sausage Muffin	12 Oatmeal Chocolate Chip Bar Egg & Cheese Bagel
15 MLK Day	16 Breakfast Pizza Bagel w/ cream cheese	17 Breakfast Taco Muffin w/ yogurt	18 Brown sugar Oatmeal Yogurt Parfait	19 Breakfast Bun Pancake Sausage Wrap
22 Mini Pancakes Oatmeal Chocolate Chip Bar	23 Chocolate Crumb Cake Egg & Cheese Burrito	24 Bagel w/ cream cheese Breakfast Sliders	25 Nutrigrain Bar Combo Egg & Cheese Biscuit	26 Chorizo Burrito Mini Chocolate Donuts
29 Breakfast Pizza Cereal w/ granola Bar	30 Egg & Ham Muffin Apple Fruit Pocket	31 French Toast Scrambled eggs w/ toast		

### Announcements

All menus are subject to change due to availability of products

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### Meal Prices

Reduced: \$0.30  
Paid: \$1.25  
Adult: \$1.75

Milk: \$0.50  
Water: \$0.75