



April 2021

Breakfast & Lunch Middle School Menu

Food & Nutrition
JO COMBS

Daily Options

Cereal w/NutriGrain Bar
or BenFIT Bar
.....
Crispy Chicken Salad
M,W,F - PBJ Protein Pack
Tu & Th - Yogurt Parfait

Cereal w/Muffin
or BeneFIT Bar
.....

Chicken Caesar Salad
M,W,F - PBJ Protein Pack
Tu & Th - Deli Sub

Cereal w/String Cheese
or BeneFIT Bar
.....

Chef Salad w/Crackers
M,W,F - PBJ Protein Pack
Tu & Th - Chicken Wrap

Cereal w/NutriGrain Bar
or BenFIT Bar
.....

Crispy Chicken Salad
M,W,F - PBJ Protein Pack
Tu & Th - Yogurt Parfait

Cereal w/Muffin
or BeneFIT Bar
.....

Chicken Caesar Salad
M,W,F - PBJ Protein Pack
Tu & Th - Deli Sub

Monday

Breakfast Daily
Seasonal Whole Fresh Fruit
or 100% Fruit Juice
1% White Milk

5
Bagel with
Cream Cheese
.....
Chicken Nuggets w/Roll
or Bosco Sticks
w/Marinara Sauce

12
Coffee Cinnamon
Crumble Cake
.....
Spaghetti w/Meat Sauce
or
Chicken Tenders w/Roll

19
Pancake
on a Stick
.....
Grilled Cheese Sandwich
or
Chicken Nuggets w/Roll

26
Bagel with
Cream Cheese
.....
Bosco Sticks
w/Marinara Sauce or
Chicken Nuggets w/Roll

Tuesday

Lunch Daily
Seasonal Whole Fresh Fruit
Seasonal Vegetables
1% White Milk or Fat Free
Chocolate Milk

6
Mini Maple
Waffles
.....
Hamburger
or
Chicken Taquitos

13
Mini Pancakes
.....
Cheese Filled Bread Sticks
w/Marinara Sauce or
Cheeseburger

20
French Toast
.....
Lasagna Roll Ups
or
Hamburger

27
Mini Maple
Waffles
.....
Cheeseburger
or
Chicken Taquitos

Wednesday

7
Sausage, Egg & Cheese
Breakfast Sandwich
.....
Bean & Cheese Burrito
or
Corn Dog

14
Fruit & Yogurt
Parfait w/Granola
.....
Pepperoni & Cheese
Calzone or
Mini Corn Dogs

21
Scrambled Eggs
& Muffin
.....
Macaroni & Cheese w/Roll
or
Breakfast for Lunch

28
Sausage, Egg & Cheese
Breakfast Sandwich
.....
Bean & Cheese Burritos
or
Mini corn Dogs

Thursday

1
Fruit Smoothie
& Crackers
.....
Pepperoni Pizza or
Meatballs & Potato
Bowl w/Roll

8
Yogurt & Muffin
.....
Orange Chicken Bowl
or
Cheese Pizza

15
Egg, Bacon & Cheese
Breakfast Burrito
.....
Pepperoni Pizza
or
Teriyaki Chicken Bowl

22
Fruit Smoothie
& Crackers
.....
Cheese Piizza
or Meatballs & Potato
Bowl w/Roll

29
Yogurt & Muffin
.....
Turkey & Cheese Sandwich
or
Orange Chicken Bowl

Friday

2
NO SCHOOL

9
Whole Wheat
Honey Bun
.....
Spicy Chicken Sandwich
or
Cheese Ravioli w/Roll

16
Cinnamon Roll
.....
Walking Taco
or
Regular Chicken Sandwich

23
Mini Donuts
.....
Spicy Korean BBQ Chicken
Bowl or Regular
Chicken Sandwich

30
Whole Wheat
Honey Bun
.....
Cheese Ravioli w/Roll
or
Spicy Chicken Sandwich

Meals are FREE to all Pk-12 grade students until the end of the school year.

For virtual students, a 5 day meal package is distributed curbside every Monday from 6:30-8:00am at JO Combs Middle School

Questions? Please contact Yezica Hostetler, Food & Nutrition Supervisor at (480)987-5311 or yhostetler@jocombs.org
Menu Items may change due to availability. This is an equal opportunity provider